

Back to "Simplicity" - The Unscripted Life!

Series w/ Pastor D



UNSCRIPTED | 2 Corinthians 1:12

# Previous Teaching - Week 1: “Beautiful Things!” Mark 14:1 - 9

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2 Corinthians 1:12

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# Previous Teaching - Week II: Oxygen! ... “Breathing-In?” Exodus 16:23 - 30

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# THE SABBATH

It Will Be a Permanent Sign Between Me & the People of Israel that in Six Days the Lord Made Heaven and Earth, and on the Seventh Day He “Rested” and was “Refreshed!” Exodus 31: 17



God’s Plan - The Sabbath Lifestyle!  
God Breathed-in! Stopped - Took a Breath!

## Previous Teaching Outline:

I. Oxygen . . . Are You "Breathing-In?"

a. On-Script W/The World . . . Running w/The "Bull!"

i. Lifestyle - "Greed" - Leads to Overwork & Exhaustion; Anxiety & Distractions!

b. God's Plan to Keep You . . . "Rested/Refreshed!"

i. Sabbath Lifestyle - "Stopping & Breathing-In!"



## Previous Teaching Outline:

I. Oxygen . . . Are You “Breathing-In?”

C. Simplicity . . . Remember to Use a “Pencil!”

i. Keep it Holy - Make Adjustments - “Erase!”

ii. (7) - Sabbath Lifestyle Adjustments



# Cool in "Hot Places!"

## Ephesians 4: 26 - 27

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Learning OB(s) . . . Today:



We live in an Age of Rage & Anger - a Place  
of Uncontrolled “Hot-Heads & Places!” The Bible  
Commands - You Cannot Behave & Think “On-Script” with  
a Society of “Angry” People!  
“Perfect Peace” is How You Battle & Defeat “Hot-Headed”  
People in HOT Places! . . . In the “Boxing Ring of Your  
Mind” GOD has Given You Power . . . ▶

Learning OBJS . . . Today:

• . . The Gift of “Perfect Peace” To  
Supernaturally Defeat “Anger” & Every Mental,

Emotional & Physical Enemy or Opponent!

In the Body of Christ, The “Unscripted” Life Is  
Learning to Remain Cool With  
“Hot-Heads in Hot Places!”



PowerPoint (W) Key(s) . . . Today:



satan Knows – to Control Your “Temper” IS  
to Defeat Your “Perfect Peace” – In a Disciple’s Life,  
“Perfect Peace” IS Everything! Nearly Every Attack of  
satan IS to Defeat Your “Perfect Peace” – satan Knows  
if he can Defeat “Perfect Peace” – in the “Boxing Ring  
of Your Mind” . . . You Will Lose Your Power & Faith -  
& he’ll Score a “Knock Down” . . . ➤

PowerPoint (W) Key(s) . . . Today:

... We All Use The Descriptor "I" -  
Identifications to Define Who We Are & The State of  
Our Emotions - I am: a Doctor; Dancer; Christian;  
Democrat; Role Model; Mother/Grand-father; Student; ...  
or I am: Depressed; Old; Overweight; Stressed;  
Blessed; Ugly; I am Fearfull  
Of All These "I" Self-Identifications ... ➤



PowerPoint (W) Key(s) . . . Today:



... You Must Be “Spiritually Self-Aware & Conscious” of the Emotion in You “Anger” . . . “Anger” Is Also a Part of the Emotional You on the Inside!

You Must be Cautiously Aware of the Opponent “Anger” - “Anger” is Present in the “Boxing Ring of Your Mind” to Defeat Your “Perfect Peace!”

**Big Question(s) . . . Today:**



What's Wrong With People Who Cannot  
Control the Emotion - Their Temper? What's Wrong  
With People Who are Vengeful, Hostile and Hurtful?  
What has the Power to Destroy Families, Friendships &  
Marriages? What Has the Power to Lock Away 10's of  
1,000's of Men & Women - Young & Old in Prison &  
Destroy their "One Life" to Live? . . . ►

**Big Question(s) . . . Today:**

... What Turns a Co-Worker or Teen  
into an Automatic Weapon - Moving from Office to  
Office, Classroom to Classroom . . . Killing People  
Senselessly?

In the “Boxing Ring in Your Mind” Is There a  
“Hot Place” You Cannot “Keep Cool!”



## Today's Teaching Outline:

I. Cool in "HOT-Heads & HOT Places!"

a. Anger . . . "Hot-Headed People in Hot Places!"

i. What's Wrong - "Let the Sun Go Down!"

ii. Tale of the Tape - Record "Anger!"

b. Opponent Supersedes Anger . . . "Perfect-Peace!"



## Today's Teaching Outline:

I. Cool in "HOT-Heads & HOT Places!"

b. Opponent Supersedes Anger . . . "Perfect-Peace!"

- i. Fight Plan - "God's Word & Presence!"
- ii. Tale of the Tape - Record "Perfect Peace!"
- iii. Fight Rules - Reign "Champion!"



# Cool in "Hot Places!"

## Ephesians 4: 26 - 27

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Cool in “Hot-Heads & Hot Places!”

“Anger!”

Perfect “Peace!”



## Cool - “Hot Heads & Hot Places!”

### All Experience - “Emotional Anger”

- ☞ Unfairly Treated! Lied on! Wrongly Criticized!
- ☞ Car Pulled Out in Front of You! Life is Unfair!
- ☞ Child or Spouse Abused! Broken Trust!
- ☞ Stubbed Your Toe! Wrongfully Misunderstood!
- ☞ Under-Appreciated! Death of Loved One!



*Perfect Peace*



## Cool - “Hot Heads & Hot Places!”

### All Experience - “Emotional Anger”

- ☞ Waiting in a Long Line! Spousal Affair!
- ☞ Didn’t Get the Promotion!
- ☞ No Toilet Paper at the Wrong Time!
- ☞ Disobedient & Wayward “Adult” Children!
- ☞ Injustices - Righteous Anger!



*Perfect Peace*

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## Tale of the Tape - “Anger’s” Record/Power:

- ∅ Intense Negative Emotional Behavior! - “Towards Others!”
- ∅ Persons - Poor “Impulse Control” - “Communicating!”
- ∅ Violent! P. Aggressive! Vengeful & Hurtfull - “Dirty Fighter!”
- ∅ Bitter! Hostile! Controlling! Growls/Barks! - “Hates Losing!”

Ephesians 4: 26

Let the Sun Go Down On Your Anger!  
“Anger’s” Managers: satan & Flesh



Tale of the Tape - “Anger’s” Record/Power:



## Proverbs 14: 17

“He who Foams at the Mouth Quickly and Flies into a  
Passioned Anger Deals Foolishly, and a Man of Wicked  
Plots and Plans is Hated.”

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Tale of the Tape - “Anger’s” Record/Power:



Proverbs 22: 24

“Make No Friendships with a Man Given to “Anger”

and with a “Hot-head” Do Not Associate!

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Tale of the Tape - “Anger’s” Record/Power:



## Proverbs 19:19

“A “Hot-tempered” Man has to Pay the Price for  
His “Anger!” If You Bait Him Once,  
You’ll Do It a Dozen Times!”

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# Tale of the Tape - Record/Power “Perfect Peace.”

- ☞ Greatest Pound-for-Pound - “H. Weight” Champion of the World!
- ☞ Knock-Out Power & Combinations - “Left & Right” Hands!
- ☞ Managers & Sanctioning Body - “Triune God & the Bible”
- ☞ Fruit of the Spirit & Gift from God - “Born-Again - Disciples!”
- ☞ Abiding & Personal Relationship - A “Pre-Requisite!”
- ☞ Defensive Fighter - “Avoid, Duct & Slip” Anger!



# Tale of the Tape - Record/Power “Perfect Peace.”

- ∅ Counter-Puncher - “Quick - Response Blows to Anger’s Attack!”
- ∅ Supreme Conditioning - “Never Tires or Weakens!”
- ∅ Supreme Intelligence/Wisdom - Knows - “Overrule & Overtake!”
- ∅ Sows Love, Harmony & Unity - Complete “Bible” Favorite!
- ∅ Undefeated - “Against satan & All Emotional Opponents!”
- ∅ Perfect Defense - “Sustainer” Joy & Contentment!



Tale of the Tape - Record/Power “Perfect Peace.”

## Isaiah 26: 3

“You Will Guard Him and Keep Him in “Perfect and Constant Peace” Whose “Mind” Is Stayed on You, Because He Trusts Himself To You, leans on You, and Hopes Confidently in You!”



Tale of the Tape - Record/Power “Perfect Peace.”



## Proverbs 16: 32

“Do You Want to be a Mighty Warrior? It’s Better to be Known  
as One Who Is Patient and Slow to “Anger!”  
Do You Want to Conquer a City? Rule Over Your “Temper”  
Before You Attempt to Rule a ‘City.’



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Review Fighters - "Hot-Heads!"

"Gan"

"Haman"

"King Neb"

Cool in "Hot-Heads & Hot Places!"

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Tale of the Tape - “Anger’s” Record/Power:



## Proverbs 14: 17

“He Who Foams at the Mouth Quickly and Flies into a  
Passioned Anger Deals Foolishly, and a Man of Wicked  
Plots and Plans is Hated.”

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Tale of the Tape - “Anger’s” Record/Power:



Proverbs 29: 11

“You Can Recognize Fools by the Way They Give Full Vent to  
Their Rage and “Let Their Words Fly!”

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# Fight Plan “Reign Champion” Over Anger:

James 1: 19 - 20

“My Beloved Brothers, Let Every Person Be “Quick to Listen” -  
“Slow to Speak” - “Slow to Anger; . . . For the “Anger” of Man  
Does Not Produce the “Righteousness” of God”



Fight Plan “Reign Champion” Over Anger:

1 Peter 5: 7

“Cast All Your Worries & Stress Upon Him & Leave Them There,  
For He Cares for You Affectionately and Cares About You  
Watchfully.”

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Fight Plan “Reign Champion” Over Anger:



## Isaiah 43: 2

“When You Pass “Through the Waters,” I Will be With You; and When You Pass “Through the Rivers,” They Will Not Sweep Over You. When You “Walk Through the Fire,” You Will Not be Burned by the “Flames” Will Not Set You Ablaze!”



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Fight Plan “Reign Champion” Over Anger:

## Philippians 4: 6 - 7

“Be Anxious for Nothing, but in Everything by Prayer and  
Supplication With Thanksgiving Make Your Requests Known to  
God. And the “Peace of God” - Which Surpasses All Understanding,  
Will Guard Your Hearts and Your Minds in Christ Jesus!”



Fight Plan “Reign Champion” Over Anger:

Romans 12: 12

“Be “Joyful” in Hope, “Patient” in Trouble, and “Faithful in Prayer!”

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Fight Plan “Reign Champion” Over Anger:

Psalms 44: 7

“You Give Us “Victory” Over Our Enemies - You Put Our  
Adversaries to Shame!”

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“Anger!”

Perfect “Peace!”

### Final Punch Stats:

Body Shots	500 (500)	100%
Jabs	300 (300)	100%
Power Punches	1000 (1000)	100%



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# “Laughter! - Mental Floss!

## Ecclesiastes 3: 4



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